

Personal Measurement Chart

Use the charts below to record your measurements at the start of each project. You can cut them out and add them to your bullet journal, keep them digitally, or start a fitting binder if that works best for you!

Date:

Project:

High Bust:

Full Bust:

Waist (standing):

Waist (seated):

Hip (standing):

Hip (seated):

Height:

notes:

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Date:

Project:

High Bust:

Full Bust:

Waist (standing):

Waist (seated):

Hip (standing):

Hip (seated):

Height:

notes:

.....

Date:

Project:

High Bust:

Full Bust:

Waist (standing):

Waist (seated):

Hip (standing):

Hip (seated):

Height:

notes:

.....

Date:

Project:

High Bust:

Full Bust:

Waist (standing):

Waist (seated):

Hip (standing):

Hip (seated):

Height:

notes:

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